

Curriculum Vitae

Dr. Nasef Mohamed Nasef, M.D.
Lecturer Orthopaedics and Trauma Surgery
Cairo University Hospital, Egypt

M.B. BCh., M.Ch. (Orth),
M.D. (Orth)



Name: Nasef Mohamed Nasef
Date & place of birth: March 26th, 1972. Lagos, Nigeria.
Nationality: Egyptian
Marital Status: Married
Children: 1 Son

Current Post:

**Lecturer of Orthopaedics and Trauma surgery
Cairo University BaniSuef Teaching Hospitals.
Egypt**

Speciality: Arthroscopic Knee, Shoulder and Ankle Surgery

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Fully registered Orthopedic Medical Consultant in Egypt

Undergraduate Education

Kindergarten and Primary schools: St. Saviour's Private School, Lagos, Nigeria.

-Kindergarten Years Education: From 1975- 19977.

-Primary School Education: From 1997-1983.

-Summer School Education: Every Summer from 1997-1983 attended at St. Saviour's Private School, London, England.

-Secondary School Education: Kings College Secondary School, Lagos, Nigeria. 1983-1987.

. Gezira Private Language School, Cairo, Egypt. 1987-1988.

*Received Certificate of Completion of Secondary School Education: 1989.

Ranked among top 100 positions Nationwide so thereby was eligible for Medical School Education.

*In Addition, passed the General Certificate Education (G.C.E.) examination, 1988,

General Certificate of Education (G.C.E), UK, 1988 (5 A, 1 B).

Medical Education and Training

Senior Arthroscopy Consultant in:

Cairo University Teaching Hospitals

El Salam Private Hospital Maadi

El Helal Hospital Ramsis

El Mebara Hospital, Maadi

Lecturer of Orthopaedics, 2004

Cairo University Hospital, Egypt

Senior Arthroscopy Fellow, 2001

Johanna- Ettienne Hospital, Neuss, Germany

Arthroscopy Course Fellow, 2001

Amsterdam University, Amsterdam, Holland.

Assistant Lecturer in Orthopaedics: 2000

Cairo University Hospital, Egypt

Orthopaedic and Trauma resident: 1997- 2000

Cairo University Hospital, Egypt

As a part of the residency program I was in involved

- two operative lists per week
- two outpatient clinics per week
- two Emergency Department morning shifts per week
- two Emergency Department night shifts per week
- weekly X-ray Conference

House Officer, 1996

Kasr El Einy Hospital, Cairo University

Medical Student, 1989-1995

Faculty of Medicine, Cairo University, 1989-1995.

(Graduated first on the class, 90% score)

Jobs Held

Current Jobs:

University Position:

Senior Lecturer, Trauma & Orthopaedics,
Cairo University Hospital, May 2004.till now
Prof Hazem Abdel Azim
Head of Orthopaedic Dept., Cairo Univ, Egypt.

Private Practice:

- * **Consultant Arthroscopic and Orthopedic Surgery, As Salam Hospital, Maadi**
- * **Consultant Arthroscopic and Orthopedic Surgery, Nile Badrawy Hospital, Maadi**
- * **Consultant Arthroscopic and Orthopedic Hospital, El Helal Hospital, Ramsis**
Ministry of Health, Egypt
- * **Consultant Arthroscopic and Orthopedic Hospital, Mebara Hospital, Maadi**
Ministry of Health Egypt

Senior Clinical Fellow – Arthroscopy 2001

Johanna-Etienne Hospital, Neuss, Germany
Prof Joerg Jerosch
Head of Johanna-Ettiene Hospital, Neuss, Germany.

Previously:

Ankle Arthroscopy Course Fellow 2001

Amsterdam University, Amsterdam, Holland
Prof Van Dijk
Prof Sports Medicine and Ankle Arthroscopy, Amsterdam Holland.

Assistant Lecturer, Trauma & Orthopaedics,

Cairo University Hospital, Feb. 2003 – May 2004
Prof Hazem Abdel Azim
Head of Orthopaedic Dept., Cairo Egypt.

Assistant Lecturer, Trauma & Orthopaedics,

Cairo University Hospital, March 2000 – January 2001.

Trauma & Orthopaedics Resident

Cairo University Hospital, March 1997-February 2000.
Prof. Nabil Boraie
Head of Orthopaedic Dept., Cairo University, Egypt

House officer

Kasr el Einy Hospital, Cairo University, 1996

Degrees

MD Degree in Orthopaedics and Trauma, Cairo University, May 2004

Included

A) MD Thesis Feb. 2004

B) **MD Exam:** May 2004. The final exiting exam in orthopaedics in Egypt, consisting of 4 written papers (Orthopaedics, Traumatology, Commentary and Anatomy and Pathology) and 4 Viva and clinical exams.

Fellow of Johanna- Etienne Hospitals, Neuss, Germany (October 2001)

MD Thesis:

by the title of "The Diagnostic and Therapeutic Values of Ankle Arthroscopy in the Management of some Ankle Disorders"

Master degree, Orthopaedics and Trauma Surgery, Cairo University, 1999

Included

A: Essay: Title "Arthroscopic Assisted Anterior Cruciate Ligament Reconstruction"

B: Examination:

- 1) First Part: Pathology, Anatomy, Physiology, Biochemistry, General and Vascular Surgery
- 2) Second Part: Orthopaedic Exam: Oral, Clinical and Written

MB BCh. Cairo University, 1995

Certificates

- **ATLS** (Advanced Trauma Life support) June 2001, September 2005
- **ALS** (Advanced Life Support) July 2001
- **IELTS** exam, Dec. 1999, score 8.5/9 (Speaking 9/9, Listening 9/9, Reading 8/9, Writing 7/9)
- **IELTS** (International English Language Testing System) exam, 1997, score 8.5/9

Publications

- “Endoscopic calcaneoplasty-rationale, surgical technique, and early results: a preliminary report.” **Journal of Knee Surgery & Sports Traumatology and Arthroscopy in May 2003.**
- Anatomical Studies for the Placement of Incision during Harvesting of the Hamstring Grafts for ACL Reconstruction. **Cairo University Scientific Journal 2005**
- Retrograde Talar drilling in the Management of OCD of the Talar Dome” **BaniSuef University Scientific Journal 2006.**
- The use of Absorbable Tacks for The Management of Recurrent Anterior Dislocation of the Shoulder in young Athletes. **BaniSuef University Scientific Journal 2006.**
- Treatment of Post-Discectomy Spondylodiscitis with Transforaminal Lumbar Interbody Fusion (TLIF) and Posterior Instrumentation. **Journal of Neurosurgery March 2006.**
- Results of Arthroscopic Treatment of Torn Anterior Cruciate Ligament Using Quadrupled Hamstring Tendon Autograft and Biodegradable Method of Fixation. **Pan Arab Journal of Orthopedics Nov 2007.**
- Treatment of Infected Tibial Non-union by Ilizarov Fixator. **Cairo University Scientific Journal 2008.**
- Results of Treatment of Idiopathic Club Foot in infants older than four months using the Ponseti Method. **Under Revision Journal of Paediatric Orthopedics 2008.**

Presentations

- Anatomical Studies for the Placement of Incision during Harvesting of the Hamstring Grafts for ACL Reconstruction.
- Retrograde Talar drilling in the Management of OCD of the Talar Dome”
- The use of Absorbable Tacks for The Management of Recurrent Anterior Dislocation of the Shoulder in young Athletes.
- Treatment of Post-Discectomy Spondylodiscitis with Transforaminal Lumbar Interbody Fusion (TLIF) and Posterior Instrumentation.
- Results of Arthroscopic Treatment of Torn Anterior Cruciate Ligament Using Quadrupled Hamstring Tendon Autograft and Biodegradable Method of Fixation.
- Treatment of Infected Tibial Non-union by Ilizarov Fixator.
- Results of Treatment of Idiopathic Club Foot in infants older than four months using the Ponseti Method.

Research

- MD Thesis, by the title of “The Diagnostic and Therapeutic Values of Ankle Arthroscopy in the Management of various Ankle Disorders”
- “Retrograde Talar drilling in the Management of OCD of the Talar Dome”
- Anatomical Studies for the Placement of Incision during Harvesting of the Hamstring Grafts for ACL Reconstruction.

Courses and Conferences

Trauma Courses:

- **AOI Advances in Fracture Management**, Cairo June 2006
- **AOI Advances in Fracture Management**, Cairo Jan, 2003
- **ATLS (Advanced Trauma Life Support) Course**, Badminton, UK, June 2001
- **AO Interactive Spine Course**, Davos, Switzerland, December 2000
- **AO Basic Course**, Cairo, 2000
- **AO Advanced Course**, Davos, Switzerland, December, 1999
- **Spine Course**, Cairo, 1999
- **AO Basic Course**, Davos, Switzerland, 1997
- **AO Basic Course**, Cairo, 1996

Orthopaedic Courses:

- **Advanced Knee Arthroscopy Course**, Cairo 2006
- **Shoulder Arthroscopy Course**, Cairo, 2007
- **Advanced Shoulder Arthroscopy Course**, Nov 2001
- **EOA meeting**, Cairo, Dec. 2003
- **SICOT**, Cairo, Sept. 2003
- **ALS (Advanced Life Support) Course**, Plymouth, UK, July 2001
- **American Academy and EOA, Hand Course**, Cairo, 1999
- **Ain Shams, Hand Surgery Course**, 1999
- **American Academy, Basic Orthopaedic Course**, Cairo, 1998
- **Egyptian Orthopaedic Association Annual congresses**, 1997-1999

Memberships

- Egyptian Orthopaedic Association (EOA)
- Egyptian Group for Arthroscopy and Sports Injuries (EGASI)

Teaching

As a Lecturer in Cairo University, BaniSuef Teaching Hospitals, I am involved in:

- 1) Biweekly Orthopaedic teaching sessions to final year medical students
- 2) Bimonthly teaching for Orthopaedic Residents and Assistant Lecturers.
- 3) Involved in teaching ATLS principles in BaniSuef University Hospital.

Postgraduate teaching: Organizer of the orthopaedic post graduate teaching program in BaniSuef University, which includes:

- 1) Structured lectures program over the year
- 2) Journal club
- 3) MCQ exam (every 3 m)
- 4) Resident Assessment and Logbook
- 5) Ortho Sports day (monthly).

I enjoy being an Instructor in the Basic and Advanced AO Courses.

In my current job, I try to take all the chances to teach House Officers and Residents, about Orthopaedics and Trauma.

Voluntary Work

Member of Resala Childhood & Development Association (RCDA), an association aimed at caring for handicapped children, in the physical, social and mental aspects. An NGO with links to USAID and other international Funding agencies.

I hold a weekly orthopaedic clinic for handicapped children in the association.

Career Aims

My future aim is to pursue my career in BaniSuef University Hospital, Egypt, and to become a Professor of Orthopaedics and Traumatology, specialised in the Knee and Sports Medicine.

Academic Excellence

- Straight 'A's in GCE, and bypassed 2 years of high School.
- Straight 'A's all classes in Medical School.
- 2nd Prize in General Surgery in Medical School
- 1st Prize in Medicine in Medical School.

Organizational activities

- As a medical student, I was a member of Cairo University Scientific Student Association, and I was regularly involved in the organization of medical conferences being held in the University.
- Rota for assistant lecturers and residents in our department.
- Postgraduate Teaching program in Orthopaedic department, including Journal Club

International student exchange

- Orthopaedic Department, Amsterdam, Holland, 1994.

Leisure time

I like to spend time with my wife and kids

I enjoy Sports such as Squash, football, volleyball, ping-pong, and swimming.

I also like to Scuba Dive in the Red Sea, and hold an Advanced Open Water Diver License.

I have a comprehensive knowledge of Windows and Office and the internet.

References

Prof. Joerg Jerosch

Chairman Orthopedic Department Johanna-Etienne Hospital,
Neuss Germany

j_jerosch@hotmail.com

Prof. Nick VanDijk

Professor of Sports Medicine

Amsterdam University, Holland

C.N.vanDijk@amc.uva.nl

Prof. Dr. Hazem Abdel Azim

Head of Orthopaedics & Trauma Unit

Cairo University Hospital,

Egypt

Prof. Dr. Atef Morsy,

Head of Orthopaedics & Trauma Unit

BaniSuef University Hospital,

Egypt